Beauty And The Beat

Choreographed by Alison Biggs, December 2007
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4 wall 64 count improver line dance (no tags, no re-starts, no bridges…)

Music: You Are So Beautiful – Mark Medlock from the CD Mr. Lonely
(Start on verse vocals, 32 counts after the heavy beat kicks in – 32 seconds into the song)

1-8  R side, L together, R side shuffle, L cross rock & recover, L side shuffle with ¼ L
1-2  Step R side, step L together
3&4  Step R side, step L together, step R side
5-6  Cross rock L over R, recover weight on R
7&8  Step L side, step R together, turning ¼ left step L forward

9-16 R & L fwd struts, R fwd rock & recover, R coaster cross
1-4  Touch R fwd, step R heel down, touch L fwd, step L heel down
     (Option: turn full turn L on struts)
5-6  Rock R forward, recover weight on L
7&8  Step R back, step L together, cross step R over L

17-24 L side, R together, L side shuffle, R cross rock & recover, R side shuffle with ¼ R
1-2  Step L side, step R together
3&4  Step L side, step R together, step L side
5-6  Cross rock R over L, recover weight on L
7&8  Step R side, step L together, turning ¼ right step R forward (12 o’clock)

25-32 L & R fwd struts, L fwd rock & recover, L coaster cross
1-4  Touch L forward, step L heel down, touch R forward, step R heel down
     (Option: turn full turn R on struts)
5-6  Rock L forward, recover weight on R
7&8  Step L back, step R together, cross step L over R

33-40 ¼ R monterey, L side shuffle, R back rock & recover
1-2  Touch R toes to R side, turning ¼ right step R together
3-4  Touch L toes to L side, touch L toes together
5&6  Step L side, step R together, step L side
7-8  Rock R back, recover weight on L

41-48 Grapevine R with ½ R & scuff, L side shuffle, R back rock & recover
1-2  Step R side, cross step L behind
3-4  Turning ¼ right step R forward, turning ¼ R on R scuff L forward
5&6  Step L side, step R together, step L side
7-8  Rock R back, recover weight on L

Alternative steps for counts 3-6
3&4 Turning ¼ right shuffle forward
5&6 Turning ¼ right side shuffle left

49-56 ¼ R monterey, L side shuffle, R back rock & recover
1-3  Touch R toes to R side, turning ¼ right step R together
3-5  Touch L toes to L side, touch L toes together
5&6  Step L side, step R together, step L side
7-8  Rock R back, recover weight on L

57-64 Weave R 2, ¼ R & fwd shuffle, L fwd rock & recover, L coaster cross
1-2  Step R side, cross L behind R
3&4  Turning ¼ right step R forward, step L together, step R forward
5-6  Rock L forward, recover weight on R
7&8  Step L back, step R together, cross step L over R