

# Bottle Pop



**Chor** : Francien Sittrop  
**Level** : Intermediate  
**Walls** : 2 wall line dance  
**Counts** : 64 Counts  
**Music** : Last Night – Ian Carey (Shot Radio Edit )feat Snoop Dogg & Bobby Anthony (3.08)  
**Intro** : Start after 16 counts  
**Website** : [www.franciensittrop.nl](http://www.franciensittrop.nl)

## 1 – 8 Out , Out (squats), Shuffle Back, Rock Recover, Kick Ball Step

1 – 2 Step R out , Step L out (bend knees )  
3 & 4 Step R Back, Step L next to R, Step R back  
5 – 6 Rock L back Recover on R  
7 & 8 Kick L fwd, Step L down, Step R fwd

## 9-16 Step Pivot ½ Turn R, Fwd , Toe Touches, ¼ Turn R with Body Roll

1 – 2 Step L fwd, ½ Turn R (06.00)  
3 – 4 Step L Fwd, Touch R to R side  
&5&6 Step R next to L, Touch L to L side, Step L next R, Touch R toe to R side  
7 - 8 Body roll with ¼ Turn R , Step Down on R (weight ends on R) (09.00)

## 17-24 Rocking Chair, Step Pivot ¼ R, Cross Shuffle

1 – 4 Rock L fwd, Recover on R, Rock L back , Recover on R  
5 – 6 Step L fwd , Pivot ¼ Turn R (12.00)  
7 & 8 Step L across R, Step R to R side, Step L across R

## 25-32 Dip , Raise , Diag fwd Shuffle, Cross Rock , Step Back & Drag

1 – 2 Step R big Step R with knees Bend, Raise and Step L next to R  
3 & 4 Step R Diag R fwd, Step L next to R, Step R fwd  
5 – 6 Rock L across R, Recover on R  
7 – 8 L step Back , Drag R next to L \*\*\*\*\* Restart here wall 3 & 6 (12.00)

## 33-40 Roll Out Out, Knee pop in , Out with ¼ Turn R, Hitch, Coaster Step, Step fwd

1 – 2 Step R to R side and Roll R knee out, Roll L knee out  
3 – 4 Pop R knee in. Pop R knee out with ¼ Turn R (03.00)  
5 Hitch R knee  
6 & 7 Step R back, Step L next to R, Step R fwd  
8 Step L fwd

## 41-48 Out Out, Swivels in, ¼ L with shuffle back, Shuffle ½ Turn L

1 – 2 Step R out , Step L out  
3 & 4 Swivel Both Heels in, Both toes in , Both Heels in (weight ends on L )  
5 & 6 ¼ Turn L Step R back, Step L next to R, Step R back (12.00)  
7 & 8 Shuffle ½ Turn L with L , R, L \*\*\*\*\* Restart here wall 4 (06.00)

**49-56 Knee Pops (Lift also Shoulders ), Touch Back, ½ Turn R**

1 & 2 Step R fwd, Pop both knees , Both heels down

3 & 4 Step R back, Pop both knees , Both heels down

5 & 6 Step L back, Pop both knees , Both heels down

7 – 8 Touch R back, ½ Turn R

**(12.00)**

Option : count 1 – 6 Pop your shoulders when you do the knee pops

**57-64 Jazz Box ¼ Turn L, Cross Rock Recover, Touch Side , ¼ Turn L**

1 – 2 Step L across R, Step R back

3 – 4 ¼ Turn L step L fwd, Step R fwd

**(09.00)**

5 – 6 Rock L across R, Recover on R

7 – 8 Touch L to L side, ¼ Turn L ( weight ends on L

**(06.00)**

Option; Hand moves 7 – 8 : Put your Right fist in front of your body(7) and pull yourself a ¼ Turn L(8)

**Restarts:**

Wall 3 & 6 after count 32 start again with count 1

Wall 4 after count 48 start again with count 1