

Look Heart No Hands

Choreographer: Celia Stevens, NZ (July 2011)

Count: 48 / **Wall:** 4 / **Level:** Intermediate

Music: "Look Heart No Hands" by Randy Travis

Intro 8 Counts - This Dance is done in all four directions rotating Anti-clockwise:

1-8 **½ PIVOT, FWD SHUFFLE, JAZZ BOX ¼ CROSS.**
1, 2 Step R forward, Turn ½ left weight L 6:00
3&4 Step R forward, Step L together, Step R forward, [**** Wall 7 add ending here**]
5, 6, 7, 8 Step L over right, Step R back, Turn ¼ left step L to side, Step R over left 3:00

9-16 **SIDE SHUFFLE, CROSS UNWIND ¾, ½ PIVOT, FWD SHUFFLE.**
1&2 Step L to side, Step R together, Step L to side,
3, 4 Touch R behind left, Unwind ¾ right weight R 12:00
5, 6 Step L forward, Turn ½ right weight R 6:00
7&8 Step L forward, Step R together, Step L forward.

17-24 **STEP BEHIND, OUT-OUT, STEP BEHIND, OUT-OUT, FWD ROCK.**
1, 2 Step R forward at 45` degrees, Step L behind,
& 3 Step R to side, Step L to side,
4, 5 Step R forward at 45` degrees, Step L behind,
& 6 Step R to side, Step L to side,
7, 8 Step R forward, Recover weight L.

25-32 **BACK-LOCK-BACK, ½ FWD SHUFFLE, ½ PIVOT, ¼ PIVOT.**
1&2 Step R back, Step L over right, Step R back,
3&4 Turn ½ left Step L forward, Step R together, Step L forward, 12:00
5, 6 Step R forward, Turn ½ left weight L, 6:00
7, 8 Step R forward, Turn ¼ left weight L. (**# Wall 5 Hold & Restart here**) 3:00

33-40 **CROSS SAMBA, CROSS SAMBA, FWD ROCK, ½ TURN, HOLD.**
1&2 Step R over left, Step L to side, Step R to side,
3&4 Step L over right, Step R to side, Step L to side,
5, 6 Step R forward, Recover weight L
7, 8 Turn ½ right step R forward, Hold 9:00

41-48 **½ SHUFFLE, ½ SHUFFLE, ROCK/RECOVER, COASTER BACK.**
1&2 Turn ¼ right step L to side, Turn ¼ right step R together, Step L back, 3:00
3&4 Turn ¼ right step R to side, Turn ¼ right step L together, Step R forward, 9:00
5, 6 Step L forward, Recover weight R,
7&8 Step L back, Step R together, Step L forward.

REPEAT & ENJOY!

RESTART: **On Wall 5 dance up to count 32 (#) Hold for 4 counts then restart the dance from the beginning now facing 3:00.**

FINISH: **On Wall 7 do the first 4 counts (**) then do a ½ Left Jazz box forward, Hold – raising arms out at sides with palm's turned up i.e. 'Look No Hands' facing 12:00.**
1,2,3,4 Hold Step L over right, Step R Back, ½ turn left step L forward, Step R forward, HOLD & raise arms up out at sides palm's up

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Revised on site - 6th July 2011